



KEYSTONE STARS BONUS POINT QUALITY INITIATIVE: PENNSYLVANIA NUTRITION AND PHYSICAL ACTIVITY SELF-ASSESSMENT FOR CHILD CARE (PA NAP SACC) PROGRAM

WHICH KEYSTONE STARS PERFORMANCE STANDARD WILL MY PROGRAM EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING PA NAP SACC PROGRAM?

Partnerships with Families and Communities (2 points)

HOW DOES PA NAP SACC PROGRAM ALIGN WITH THE KEYSTONE STARS PERFORMANCE STANDARDS?

The PA NAP SACC program supports Partnerships with Families and Communities because it is an organized effort to promote nutritional health for children and includes families to support nutrition and physical activities at home. Families are encouraged to be part of the continuous quality improvement team.

The PA NAP SACC program is a continuous quality improvement process focused on nutrition and physical activity practices and policies within early childhood settings. The program utilizes Go NAPSACC, an evidence-based tool, to guide participants through self-assessment, action planning, implementation, policy development, re-self-assessment and reflection. The process is web-based, and empowers program leadership and includes individualized technical assistance to increase knowledge and improve quality of practice and policy.

WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF PA NAP SACC?

The PA NAP SACC program is a sustained, high level, comprehensive example of professional development that is ongoing and is more intensive than a one-time professional development event or activity. Upon full implementation, you should be able to provide:

- Action Plans showing completed nutrition and physical activity goals, including steps to develop/enhance written policy within each area
- Pre and post self-assessment results (using web-based Go NAPSACC tool)
- Registry transcript records for any professional development completed related to their action plan
- Pre and post nutrition and physical activity policy samples showing development
- Reflection form

WHO DO I CONTACT FOR MORE INFORMATION ON PA NAP SACC?

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