

SESSION 5: TUESDAY, OCTOBER 19. 10:15 AM – 11:45 AM**5.1 Reports for Head Start Leaders****(Part 1 of 4), K6.5 C2**

Blair Hyatt, PHSA

This four-part series will provide leaders in the Head Start/Early Head Start community with relevant updates at the federal, state, and local levels. The series is facilitated by Blair Hyatt, PHSA Executive Director. Part 2 is workshop 1#7.1 on Tuesday; Parts 3 & 4 are workshops #9.1 and #11.1 on Wednesday. Participants may select as many or as few of the series as they wish.

Target Audience: Administration; Advocacy; Higher Ed & Consulting/Training/Technical Assistance

Child Ages: Infant/Toddler; Preschool/PreK

5.2 Keynote Follow-Up

Chazz Lewis, Minnieland Academy

Join our Keynote speaker, "Mr. Chazz," for a follow-up session to his Keynote presentation. Additional information available soon.

Target Audience: Administration; Center-Based Care; Home-Based Care; Advocacy; Early Intervention; Higher Ed &

Consulting/Training/Technical Assistance; Home Visiting; Program Monitoring

Child Ages: Infant through School-Age

5.3 Getting Little Feet WET: Early Childhood Educator Professional Development, K1.8 C2

Carissa Longo, DCNR- Bureau of State Parks;

Beth Garner, DCNR- Bureau of State Parks

"Getting Little Feet WET" (GLFW) is a new, standards-based early childhood activity guide that is all about WATER. It features 10 field-tested, interactive activities that utilize art, reading, music, math, and outdoor learning to teach young children (ages 2-7) all about water. In this fun, virtual, hands-on training, attendees will experience activities from the GLFW guide virtually. To receive the free download code for the Project WET GLFW Early Childhood Activity guide, attendees must attend the entire virtual workshop. Participants will also receive a certificate of completion. This is a nationally recognized curriculum guide that is produced by the Project WET Foundation. This workshop is meant for those who teach children ages 2-7.

Target Audience: Administration; Center-Based Care; Higher Ed & Consulting/Training/Technical Assistance

Child Ages: Preschool/PreK; Kindergarten - 2nd Grade; School-Age

5.4 Yoga and Mindfulness for Preschoolers, K7.3 C1

Ann Fields, Peaceful Poses Kids Yoga

Come on a yoga adventure with Ann Fields, founder of Peaceful Poses Kids Yoga! We will discover how to integrate basic yoga poses, breathing techniques, and mindfulness into your preschool curriculum. Also, we will explore how social-emotional learning and yoga can work together.

Target Audience: Center-Based Care; Home-Based Care; Early Intervention

Child Ages: Preschool/PreK; Kindergarten - 2nd Grade

5.5 Motivating and Engaging Your Team During Challenging Times, D6.9 C1

Prerna Richards, Together We Grow

Successful leaders lead with their emotional intelligence. Come join us for an informative, interactive, and insightful workshop. We will discuss strategies to empower, engage your team and enhance your leadership skills. You

will leave with a better understanding of living your best life. Come light the spark!

Target Audience: Administration; Center-Based Care; Home-Based Care; Higher Ed & Consulting/Training/Technical Assistance; Program Monitoring

Child Ages: Infant through School-Age

SESSION 6: TUESDAY, OCTOBER 19. 12:30 PM – 2:00 PM

6.1 Resources & Practices for Supporting Each and Every Child & Family, K5.4 C2

Camille Catlett, Frank Porter Graham Child Development Institute

National guidance and frameworks, like the NAEYC positions on equity and developmentally appropriate practices and the DEC EI/ECSE standards, are motivating action to shift how individuals, programs, and organizations incorporate practices that support each and every child and family. We will summarize why these shifts are so important, then focus on effective strategies for thinking about and addressing the shifts. The presenter will offer free resources for addressing culture, equity, diversity, and inclusion and share evidence-based tools for self-reflection, family engagement, and quality, even within the context of the pandemic. Participants will receive free resources for applying the content and ideas discussed.

Target Audience: Administration; Higher Ed & Consulting/Training/Technical Assistance

Child Ages: Infant through School-Age

6.2 Cultural Responsiveness: Your Program (Part 2 of 3), K3.3 C2

Kweli Archie, Philadelphia Health Management Corporation; Betsy Manlove, Lock Haven University

In Part 2, participants will define culture and explore their own backgrounds. They will then examine why culture is important in their program and ways to assess the cultural responsiveness in the learning environment. THIS IS A 3-PART SERIES: If you select this workshop, please also select #2.3 on Monday and #10.3 on Wednesday.

Target Audience: Center-Based Care; Home-Based Care

Child Ages: Infant through School-Age

6.3 4BELS Teaching the Way the Brain Learns Best, K6.9 C2

Andrea Seidman, A Childs World

The Four Brain Essential Learning Steps - 4BELS is an instructional process that focuses on teaching the way the brain learns best. These instructional strategies create an environment that is inclusive, bias-free, emotionally safe, and differentiates to every unique brain. Learn about the brain and behaviors. Instructional strategies will be illustrated and taught with any theme or curricular content topic. Participants are welcome to bring their own materials or curricular content to develop lesson plans.

Target Audience: Administration; Center-Based Care; Home-Based Care; Early Intervention

Child Ages: Infant through School-Age

6.4 Advocacy is the Yeast that Providers Knead! K6.11 C3

Shawn Towey, PACCA

The timing couldn't be better for big, bold changes. From the NY Times to CNN, the eyes of the media turned to the pandemic's impact on families, (formerly) working mothers, and child care. It's OUR job now to shape the solutions and follow through. Providers know best how the ECE system must transform in order to survive and meet everyone's needs. Like bread, change can be intimidating and mysterious, but isn't that hard to make. To "feed" the next generation, advocacy is the yeast that will help us grow. Working together with families will knead the dough to provide shape and structure. Choose your place in a menu that includes identifying allies, establishing relationships and shaping public opinion. Our ingredients list:

1. Include parents/families as spokespeople
2. Listen and learn communications techniques grounded in common values
3. Tell your personal story
4. Learn to talk policy-speak
5. Build relationships

The panel will include ECE advocates with Start Strong PA; an owner/director who has mobilized families; a state legislator; and (if possible) a Congressperson.

Target Audience: Administration; Center-Based Care; Home-Based Care; Advocacy; Early Intervention; Higher Ed & Consulting/ Training/Technical Assistance; Home Visiting
Child Ages: Infant through School-Age

6.5 You Can't Pour from an Empty Cup: Promoting Staff Wellness, D6.4 C1

Rashanda Jenkins, ICF

Staff wellness is a key component in supporting Trauma-Informed Care. When Early Childhood staff are overly stressed it can impact the quality of care they are able to give. We will explore the roll stress plays on health, effectiveness at work, and program-wide wellness. Tools to reflect on how stress impacts our bodies, emotions, and thoughts will be provided. Mindfulness strategies will also be presented as tools that can buffer the impacts of stress and can be used personally or with children and families. Promoting wellness at a programmatic level will also be discussed.

Target Audience: Administration; Center-Based Care; Home-Based Care; Advocacy; Early Intervention; Higher Ed & Consulting/ Training/Technical Assistance; Program Monitoring

Child Ages: Infant through School-Age

SESSION 7: TUESDAY, OCTOBER 19. 2:45 PM – 4:15 PM

7.1 Reports for Head Start Leaders

(Part 2 of 4), K6.5 C2

Blair Hyatt, PHSA

This four-part series will provide leaders in the Head Start/Early Head Start community with relevant updates at the federal, state, and local levels. The series is facilitated by Blair Hyatt, PHSA Executive Director. Part 1 is Workshop #5.1 on Tuesday;

Parts 3 & 4 are Workshops #9.1 and #11.1 on Wednesday. Participants may select as many or as few of the series as they wish.

Target Audience: Administration; Advocacy; Higher Ed & Consulting/Training/Technical Assistance

Child Ages: Infant/Toddler; Preschool/PreK

7.2 Communicating Effectively In Early Childhood Settings, K5.3 C2

Audra Redick, University of Pittsburgh, HealthyCHILD; Tomasina Boyd, University of Pittsburgh, HealthyCHILD

We will help participants become aware of their communication styles and recognize communication style as a tool for building relationships in the early childhood setting. Participants will participate in discussion and reflection about their own styles and the perceived styles of the teams they collaborate with. Participants will have an opportunity to plan communication strategies to effectively communicate within their Early Childhood settings as well as in their personal lives.

Target Audience: Administration; Center-Based Care; Early Intervention; Higher Ed & Consulting/Training/Technical Assistance; Home Visiting

Child Ages: Infant through School-Age

7.3 Nature PBs with J, K2.9 C2

Julie Travaglini, Allegheny Land Trust

In this exciting and new workshop, Nature Picture Books (PBs) with J (Julie), participants will help with the page-by-page deconstruction of a culturally diverse nature storybook. We'll find all of the standards that we can meet with one book, from science and literacy to social-emotional and fine motor standards, you'd be amazed what we can teach with one book! We'll learn how to choose a great book, and how to make it work across multiple subjects and disciplines. Participants should come with their thinking hats on, and ready to actively engage with the workshop.

Target Audience: Center-Based Care; Home-Based Care

Child Ages: Infant/Toddler; Preschool/PreK; Kindergarten - 2nd Grade

7.4 Community of Practice: Bringing Virtual Discoveries Back to the Classrooms, K6.5 C2

Pam Schaefer, KenCrest; Christina Stiles, KenCrest

This Community of Practice is an opportunity for teachers who taught virtually during the pandemic to share the unexpected positive discoveries which they are now incorporating into their teaching and family engagement practices back in the classroom.

Target Audience: Administration; Center-Based Care; Higher Ed & Consulting/Training/Technical Assistance

Child Ages: Infant/Toddler; Preschool/PreK

7.5 Teacher Interactions: Making a Difference with the PICCOLO, D2.13 C2

Lisa Mulliken, PA Key; Kitty Syster, PA Key

Do you want to learn more about how to observe and assess interactions between teachers and children? The PICCOLO (Parenting Interactions with Children: Checklist of Observations Linked to Outcomes) looks at four domains of interactions including affection, responsiveness, encouragement, and teaching and requires only a 10-minute observation. The PICCOLO uses 29 items to assess teacher/child interactions with clear examples of what is measured. Don't let the title trick you since the PICCOLO can be used to assess teacher interactions. The PICCOLO can be used in center-based facilities and by family child care providers as an alternative to the FCCERS-R. We will provide information on how to conduct the PICCOLO and why it is an appropriate program observation instrument (POI) to use in early learning programs.

Target Audience: Administration; Center-Based Care; Home-Based Care; Program Monitoring

Child Ages: Infant/Toddler; Preschool/PreK

SESSION 8: TUESDAY, OCTOBER 19. 4:30 PM – 6:00 PM**8.1 One Works Great, One Is Less Filling:
Exploring Adobe Acrobat, D5.2 C2**

Darrell Steckler, Child Care Consultants
Acrobat Reader, Standard, and Pro DC. What are the differences between the three major Acrobat products? Do they cost or are they free? Is editing available for all of the versions? Explore this and other topics. We will discuss the basic PDF conversion capabilities and learn how to use Adobe Acrobat PRO to create fillable forms from Microsoft Word documents. You will be able to share these documents with your peers and to create forms with signature requirements and have them sent back to you when they are filled out. Participants will be given a detailed topics list with screenshots to take with them.

Target Audience: Administration; Higher Ed & Consulting/Training/Technical Assistance
Child Ages: Infant through School-Age

**8.2 Nutrition Education in the Classroom,
K7.13 C1**

Marelisa Gonzalez, ICF
This interactive workshop will discuss the critical role that nutrition plays in brain development, body functions, and well-being of very young children. Positive early childhood experiences foster learning and school readiness throughout life. We will prepare teachers and caregivers to incorporate health and nutrition into the existing curricula. We will also demonstrate how to support inclusive and diverse health environments and habits in indoor and outdoor classrooms.

Target Audience: Administration; Center-Based Care; Home-Based Care
Child Ages: Infant/Toddler; Preschool/PreK

**8.3 Effective Teaming to Support Children
with Disabilities in ECE, K4.13 C2**

*Loreleigh Elders, Allegheny Intermediate Unit;
Kristina Putzlocker, Allegheny Intermediate Unit*
Early Childhood Educators are an active and critical part of a child's early intervention team that is often lost in the process of transition, service planning, and delivery. This presentation will provide an overview of the early intervention process, including transitions for the child and family. We will provide practical examples and resources of ways to support children and families through the preschool early intervention process, recommendations for teaming with early intervention personnel, as well as ways to adapt the early childhood classroom environment in order for all children to be successful. Opportunities for participant sharing will be incorporated via breakout rooms.

Target Audience: Center-Based Care; Home-Based Care; Early Intervention
Child Ages: Preschool/PreK

**8.4 Design Toolkit: Tools for Classroom
Inspiration, K2.1 C3**

Linda Zane, Slippery Rock University
We will introduce the concept of storytelling through classroom design. Using the "Story, Spark, and Segment" framework, we will share numerous examples of storytelling through design, which will be analyzed within small groups in breakout rooms. Participants will then brainstorm ideas for their classrooms and explore ways to bring their classroom design inspirations to life using the Design Toolkit framework.

Target Audience: Center-Based Care; Home-Based Care
Child Ages: Preschool/PreK; Kindergarten - 2nd Grade

8.5 Parent, Family, Community Engagement Framework: Promoting Healing & Resilience, K3.5 C1

Pamela Waddell, ICF

When families know they are understood, they can be more engaged and responsive to support. Early Childhood leaders and staff continue to learn about adult trauma and integrate strategies for self-care and well-being. We will explore how participants can use

the PFCE Framework to strengthen trauma-informed systems and services that promote healing.

Target Audience: Administration; Center-Based Care; Home-Based Care; Advocacy; Early Intervention; Higher Ed & Consulting/Training/Technical Assistance; Home Visiting; Program Monitoring

Child Ages: Infant through School-Age